



**FEBRUARY 2023**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
		<b>1</b> Soldering & Electrical Circuits – 10a-12n  Recruitment Session 1-on-site-tour at Noman M. Cole Pollution Control Plant NMCCPCP (Plant Operator Trainee & Tech Trainee positions) 1p-3pm	<b>2</b> NMCCPCP Recruitment Information Session 2 (Plant Operator & Tech Trainee positions) 1p-3pm	<b>3</b> W. Potomac HS (40) field trip-PDT Resume Development 9:30am -1:00 pm  Open Workshop (by appointment) – 5:30p-7p	<b>4</b>
<b>6</b> PDT Setting Goals Effectively 10:00 am -12:00 pm  3D Printing– 12p-2p	<b>7</b> Innovation Expanded: Welding- 12n-2p  Intro to Welding – 6p-7p	<b>8</b> Soldering & Electrical Circuits – 10a-12p	<b>9</b> Financial Literacy Class (in Person at WISH) 10am-1pm	<b>10</b> Edison & Lewis HS Field Trip PDT Boundaries in the Workplace 9:30a-12:30a  Open Workshop (by appointment) – 5:30p-7p	<b>11</b>
<b>13</b> PDT- Stress Management 10:00 am -12:00 pm  3D Printing – 12n-2p	<b>14</b> Innovation Expanded: Welding – 12p-2p  Intro to Welding -6p-7p	<b>15</b> Soldering & Electrical Circuits – 10a-12n	<b>16</b> Financial Literacy Class (in Person at WISH) 6p-8p	<b>17</b> Hayfield HS Field Trip-PDT Effective Communication/Active Listening 9:30a -1:00p  Open Workshop (by appointment) – 5:30p-7p	<b>18</b>
<b>20</b> PDT- 30 Second Elevator Speech 10:00 am -12:00 pm <b>(VIRTUAL session- link provided with sign-up)</b>	<b>21</b> Innovation Expanded: Welding – 12p-2p  Intro to Welding -6p-7p	<b>22</b> Soldering & Electrical Circuits-10a-12n	<b>23</b>	<b>24</b> Open Workshop (by appointment) 5:30pm-7pm	<b>25</b>



<p><b>Workshops closed</b></p> <p><b>COMMUNITY CENTER CLOSED</b></p>					
<p><b>27</b></p> <p>3D Printing -12n-2p</p>	<p><b>28</b></p> <p>Innovation Expanded: Welding – 12p-2p</p> <p>Intro to Welding- 6p-7p</p>				

**To sign up for Training classes call 571-347-7858** (Citizenship/Naturalization; PDT; Financial Literacy; etc.)

**To sign up for WORKSHOPS PLEASE USE THE LINK AND QR Code BELOW**

**PDT-** Professional Development Training (Workplace Skills)

**NMCP** - Noman M. Cole Pollution Control Plant – Lorton, VA.

**To register for Skills Workshops please use the QR code below and the Training link**

**<https://tinyurl.com/mthvhbd>**



## MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Welding – 10a-12n  <b>Registration begins -Abilit IT/Cybersecurity Trg (April 3-July 7)</b> <b>Registration closes March 17</b> <b>Info &amp; Register at:</b> <a href="https://melwood.org/abilit/">https://melwood.org/abilit/</a>	<b>2</b>	<b>3</b> PDT- Personal Career Plan Development 10:00 am -12:00 pm	<b>4</b> Workshops-Arcadia Farms
<b>6</b> PDT- Financial Literacy 10:00 am -12:00 pm  Welding – 12n-2p	<b>7</b> Soldering & Electrical Circuits – 12n-2p	<b>8</b> 3D Printing – 10a-12n  WISH Open House/ Tour for Donars (Melwood Fund Dev.) 11a-12:30p	<b>9</b> Financial Literacy Class (in Person at WISH) 10am-1pm Classroom 1	<b>10</b> PDT -Networking for Employment Opportunities 10:00 am -12:00 pm	<b>11</b>
<b>13</b> PDT- Time Management 10:00 am -12:00 pm  3D Printing – 12n- 2p	<b>14</b> Welding – 12n-2p	<b>15</b> Soldering & Electrical Circuits – 10a-12n	<b>16</b> Financial Literacy Class (in Person at WISH) 6p-8p Classroom 1	<b>17</b> PDT -Teamwork Skills 10:00 am -12:00 pm	<b>18</b>
<b>20</b> <b>WISH CENTER CLOSED</b>  PDT -Workplace Communication 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b>	<b>21</b> <b>WISH CENTER CLOSED</b>	<b>22</b> <b>WISH CENTER CLOSED</b>	<b>23</b> <b>WISH CENTER CLOSED</b>	<b>24</b> <b>WISH CENTER CLOSED</b>  PDT -Problem Solving/Critical Thinking on the Job 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b>	<b>25</b> <b>WISH CENTER CLOSED</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	



<p><b>WISH CENTER CLOSED</b></p> <p>PDT- Interview Preparation 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b></p>	<p><b>WISH CENTER CLOSED</b></p>	<p><b>WISH CENTER CLOSED</b></p>	<p><b>WISH CENTER CLOSED</b></p>	<p><b>WISH CENTER CLOSED</b></p> <p>PDT -Workplace Dress for Success/Personal Hygiene 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b></p>	
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PDT- Professional Development Training  
ESL- English as a Second Language

**APRIL 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>
<p style="text-align: right;"><b>3</b></p> <p><b>WISH CENTER CLOSED</b> AbillIT Information Tech/Cybersecurity Training begins (April 3-July7) Virtual -M-F 5pm-8pm</p>	<p style="text-align: right;"><b>4</b></p> <p><b>WISH CENTER CLOSED</b></p>	<p style="text-align: right;"><b>5</b></p> <p><b>WISH CENTER CLOSED</b></p>	<p style="text-align: right;"><b>6</b></p> <p><b>WISH CENTER CLOSED</b></p>	<p style="text-align: right;"><b>7</b></p> <p><b>WISH CENTER CLOSED</b></p> <p>PDT- Attitude &amp; Enthusiasm in the Workplace 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b></p>	<p style="text-align: right;"><b>8</b></p> <p><b>WISH CENTER CLOSED</b></p>



<b>Hybrid/In-person-M-Th 10am-3pm</b>  PDT- Identifying & Overcoming Stereotypes 10:00 am -12:00 pm <b>Virtual link provided w/ sign-up</b>					
<b>10</b> PDT- Emotional Intelligence/Emotional Anchors 10:00 am -12:00 pm  Soldering & Electrical Circuits – 12p-2p	<b>11</b> 3D Printing – 12n-2p	<b>12</b> Financial Literacy Class (in Person at WISH) 10a-1p Classroom 1  Welding – 10a-12n	<b>13</b>	<b>14</b> PDT -Sexual Harrassment 10:00 am -12:00 pm	<b>15</b>
<b>17</b> PDT- Developing Confidence 10:00 am -12:00 pm  Welding – 12n-2p	<b>18</b> Soldering & Electrical Circuits – 12p-2p	<b>19</b> 3D Printing – 10a-12p  Financial Literacy Class (in Person at WISH) 6p-8p Classroom 1	<b>20</b>	<b>21</b> PDT -Self-Image 10:00 am -12:00 pm	<b>22</b>
<b>24</b> PDT Create a Personal Budget 10:00 am -12:00 pm  3D Printing – 12n-2p	<b>25</b> Welding – 12n-2p	<b>26</b> Soldering & Electrical Circuits – 10a-12n	<b>27</b>	<b>28</b> PDT Entrepreneurship 10:00 am -12:00 pm	<b>29</b> <b>STEAMFEST EVENT</b> <b>10am-2pm</b>

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### MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 PDT -Networking 10:00 am -12:00 pm	6



<b>8</b> PDT -Boundaries in the Workplace 10:00 am -12:00 pm	<b>9</b>	<b>10</b> Amazon Fusion Splicing Workshop 8a-5p Classroom 1	<b>11</b> Amazon Fusion Splicing Workshop 8a-5p Classroom 1  Financial Literacy Class (in Person at WISH) 10a-1p Classroom 2	<b>12</b> PDT -Self-Advocacy 10:00 am -12:00 pm	<b>13</b>
<b>15</b> PDT -Setting Goals Effectively 10:00 am -12:00 pm	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> PDT -Resumes 10:00 am -12:00 pm	
<b>22</b> PDT -Attitude & Enthusiasm in the Workplace 10:00 am -12:00 pm	<b>23</b>	<b>24</b> WISH/GWRCCC JOB FAIR 10A-3P (25+ employers)	<b>25</b>	<b>26</b> PDT -Personal Hygiene/Dress for Success 10:00 am -12:00 pm	<b>27</b>
<b>29</b> PDT -Developing Confidence 10:00 am -12:00 pm	<b>30</b>	<b>31</b>			

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### JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>	<b>2</b>	<b>3</b> Citizenship/ Naturalization Workshop 9:30a-5pm



<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	

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